PROJECT COMPLETION REPORT



- PROVIDING DRY-RATIONAL PACKS FOR 200 PUPILS -

JUNE 2022









Vision

සෑම ළමයෙකුට ම යහපත් අනාගතයක් පිළිබද අපේක්ෂාවන් සමගින් ගෞරවය සහ තම අයිතිවාසිකම් සාක්ෂාත් කර ගැනීමට අවැසි පුමාණවත් සහයෝගය ඇති ලෝකයක්.

A world where every child has hopes for a better future with respect and adequate support to realize their rights.

Mission

ළමුන් සහ ඔවුන්ගේ පවුල් වලට උපකාර කිරීම අරඹයා, විශේෂයෙන්ම කොන් කිරීමට සහ අවදානමට ලක් වූ සමාජ පසුබිමකින් පැමිණි අය කෙරෙහි වැඩි අවධානයක් යොමු කරමින්, ඔවුන්ගේ ආත්ම විශ්වාසය නංවමින්, ඔවුන්ගේ ස්වයං අභිජේරණය ශක්තිමත් කර ඔවුන්ගේ ජීවන තත්වය වැඩිදියුණු කිරීම කෙරෙහි අවධානය යොමු කරමින්, පාර්ශව කරුවන්, ජාතාන්තර/දේශීය පුජාවන් සහ දක්ෂ හා කැපවූ කණ්ඩායමක් සමහ කටයුතු කිරීම.

Support children and their families, in particular those from marginalized and vulnerable social backgrounds, focus on enhancing their self-confidence, strengthening their self-motivation, and improving their quality of life, together with stakeholders, international/local communities, and a competent and dedicated team.





Organizational Information

Name of the Organization: Learning for Life – S.R.C.

(S.R.C. stands for "Supporting the Rights of the Child")

Establishment of Org. : In 2012

Registration No. : G.A. 2834 (registered in 2013)

Office Address : No. 83 A, Old Road,

Pannipitiya, 10230

Sri Lanka

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E-Mail : info@learningforlife-src.lk

chathuranga@learningforlife-src.lk (Executive Director)

Website : www.learningforlife-src.lk

Facebook Page : www.facebook.com/lfl-src

Board of directors : Professor (Mr.) Suranga P. Kodithuwakku (PhD, MSc, BSc)

(Professor at University of Peradeniya, Sri Lanka)

Ms. Amara P. Withanage

(Retired Senior Government Officer – Local Government)

Mr. Harsha D.S. Matarage

(Entrepreneur, System Analysis/ Developer & Wildlife Photographer)

Ms. Malathi K. Ambrose (MA, BA Sp. in Psychology)

(Psych. Counsellor, Social Activist, Writer & Ex. Senior Proj. Manager)

Mr. Saman Lenin (B.A. Sp. In Music)

(Veteran Musician, Actor, Music Director & University Lecturer)

Visharad Ms. Nilakshi Helapitiya (M.Ed., B.A. Hons & PGD in Law)

(Veteran Musician, Actress & Social Activist)

Mr. Chathuranga P.A. Guruge (MBA, MSc, BSc, Dip. in ECE&D, Dip in Psy.)

(Executive Director and Co-Founder of Learning for Life-S.R.C.

Country Manager-Stat for Life Sri Lanka)



PROJECT COMPLETION REPORT

- PROVIDING DRY-RATIONAL PACKS FOR 200 PUPILS -

Initial Note:

The short-term project "**Providing Dry-Rational Packs for 250 Pupils**" were discussed with SLBV during the month of September 2021. Following the positive response from the board members of the SLBV, we started work on developing the concept note for the project in October 2021.



The project concept note was approved by SLBV in October 2021 and our team at LFL-SRC proceeded to start the project in November 2021 expecting the completion of the project within three months duration (November, December 2021 & January 2022).

However, with the crisis in Sri Lanka, our team faced many difficulties to find the bulk amount of dry food as specified in the proposal due to the lack of food and goods in the market. Also, in the meanwhile, the government had imposed control over purchasing of dry goods

by customers and companies due to the scarcity in the country and control the reaction of the community by storing excess goods unnecessarily in households.

In addition to that as a common market phenomenon, a shortage of foods/goods in the market has affected unreasonably increased the cost of items. Under this situation, our team had to deal with several suppliers and had to wait until the required goods had been delivered to the beneficiaries means the identified group of pupils in both Kelani and Bellana Colleges.

Finally, under all these pressures and challenges, our team was able to start the project in December 2021 and provided Dry Rational packs for 200 pupils and families who desperately needed such support to assure their survival and wellbeing.

<u>UNCRC:</u> One of the four (04) Principals of Child Rights is 'Life, survival, and development' which is further explained as 'the principle most directly related to children's economic and social rights are formulated in the right to life articles.

The article goes further than just granting children the right not to be killed; it includes the right to survival and development which is formulated in Article 6:2 and states thus: "State parties shall ensure to the maximum extend possible the survival and development of the child."

ARTICLE 6 (children's survival and development): Every child has the right to survive. The state must do all it can to make sure children survive and develop to the full extent possible.

ARTICLE 24 (health and healthcare) Every child has the right to the best possible health and to healthcare: The state should ensure children have healthcare services, nutritious food, clean water, a clean environment, and healthcare information. Richer countries should support poorer countries in this.

Source: United Nations Convention on the Rights of the Child (UNCRC)



The theory behind the intervention:

The theory behind our intervention is to provide dry food for these 200 pupils and their families as a support for their survival in this 'Social Emergency Situation' with the COVID-19 Pandemic since March 2020.

Dr. Maslow's hierarchy of needs is a motivational theory in psychology comprising a five-layer model of human needs, often described as hierarchical levels within a pyramid. According to Maslow's theory, he



stated that individuals must more or less satisfy lower-level deficit needs before progressing on to meet higher-level growth needs.

Physiological needs - these are biological requirements for human survival, e.g., air, food, drink, shelter, clothing, warmth, sex, and sleep.

According to that, we as a rights-based organization work for protecting and realizing the rights of children in Sri Lanka, we took initiatives to provide Dry-Food packs as short-term support for the identified children and their families in our working areas.

We do understand that this initiative would not completely solve the bigger problem in society, but our collective effort would facilitate these families in this critical time and especially will help them at least to have something in their tummy for a few weeks or at least several days avoiding the days these children and families live by starving.

Finally, we were able to facilitate 200 pupils/families through this project and complete this initial project by end of February 2022.

Project Background:

COVID-19 Global pandemic has affected massively in civil societies all over the countries. In Sri Lanka, this crisis has especially put considerable pressure on people who survive, protect, and feed their families through day-to-day labour work and belong to the middle or lower Household Economic status.

Since March 2020, the government and private schools were closed from time to time for many months, and due to the lockdown situation, Quarantine Curfew, isolation of specific



areas, and social distancing, many of the workforce have lost their regular employment as well as regular earnings. And in the meanwhile, the cost of living is rising due to many reasons in the country.

During the last months, we heard many saddest and heart-breaking stories from different areas and from different families where they have faced considerably challenging situations on survival with current stress on Household Economical Status. Some voluntary organizations and government have initiated mechanisms for supporting these families, yet those interventions were not sufficient and even did not access all of these affected people and families in Sri Lanka.

At our meeting with Government Officials, it was highlighted and discussed that many people have no option to find food for their survival due to the lack of labour work as well as they have already



taken foods and goods on credit at local markets and shops. Due to this situation, some of these victims have access to other properties and plucked 'Jack Fruits' and some other raw stuff to feed their families. Some people have been caught and punished for stealing. These sorts of issues are becoming common in areas where we implement our projects. Especially, Bellana area the situation is worse than in the Kelani area.

The social, emotional, and nutritional well-being of most of the children in our project areas has been significantly challenged and collapsed due to these sorts of issues. We heard that some families have the capacity for feeding only one meal per day due to the shortage of money or goods. This situation is becoming another Social Disaster in the country if this continues to be the same in the future...

After carefully analyzing the situations and issues, we as an organization work for protecting and realizing children's rights was decided to propose our funders reallocate existing funds to support these children and families where we work and also pay attention and effort to raise more funds for addressing these issues at least for the children where we have been working for more than five years. The current situation has become a top priority to be considered as 'Survival' and 'Protection' rights must be addressed in this 'Global Health Emergency' situation as Principals of Child Rights and support for these young people by facilitating their families as primary caregivers live close to them.

Therefore, this concept note is proposing to reallocate funds for providing a pack of Dry-Rationals (Goods) for the identified families who have been considerably affected by economical strain and are being recognized to be supported.

Also, this will help us to develop our relationships with families, especially the families where the pupils for the "Nutrition for Life" (NFL) Project come from. On the other hand, this support will help at least as a good for preparing a full meal for one-two week to survive and also assure the nutritional level of children will be positively changed and regained.

Implementation of the project:

Target group:

The initially proposed target group is 250 pupils from two schools 125 from Kelani College and 125 from Bellana College. However, due to the increase in prices in the market, we were able to purchase similar items for only 200 pupils. Therefore, the actual support was given to 100 pupils/families in Kelani College and to 100 pupils/families in Bellana College.

The First 160 packs were distributed for already identified pupils at NFL-01 and NFL-02 projects and the rest 40 were distributed for 20 packs in each school to the identified pupils by the school management with close communication by class teachers and students' counseling teachers.

Method of implementation:

- We order goods from suppliers and hired manpower to pack and deliver to the project locations. The initial plan was to visit pupils' houses as the schools were closed. But during the time we implement the project, we distributed these packs at school premises.
- All the selection of pupils was done by school management through Class Teachers and Students' Counselling Teachers in both schools.
- Due to the COVID-19 Control and Prevention standards introduced by authorities, the distribution of packs were done on several occasions as only 20-30 group of people could come to school premises in a day and only 5-10 families were taken in the distribution in a single occasion.



The budget proposal and actual cost due to market price increase:

	Cost for Dry-Rational packs - 1st phase - 2021	Budgeted amount			Actual cost due to price increment		
#	Product Name	Price per Unit	Qty	Total Cost	Price per Unit	Qty	Total Cost
1	Araliya Keeri Samba Rice (5kg packs)	825.00	2	1,650.00	1,050.00	2	2,100.00
2	Keels Red Dhal (1kg)	294.00	2	588.00	340.00	2	680.00
3	Harishchandra Plain Noodles (400g)	135.00	3	405.00	260.00	3	780.00
4	Harishchandra Kurakkan Flour (400g)	400.00	3	1,200.00	380.00	3	1,140.00
5	BCC White Coconut oil Bottle (1L)	950.00	1	950.00	1,050.00	1	1,050.00
6	Harishchandra Papadam (70g)	100.00	2	200.00	100.00	2	200.00
7	MD Jam - Mixed Fruit (500g)	335.00	1	335.00	420.00	1	420.00
8	Happy Cow Cheese Tin (113g)	520.00	1	520.00	745.00	1	745.00
9	Samaposha Cereal (500g)	195.00	3	585.00	260.00	3	780.00
10	Keels Chickpeas (500g)	188.00	2	376.00	265.00	2	530.00
11	Harishchandra String Hopper Flour - White (700g)	160.00	2	320.00	230.00	2	460.00
12	Prima Chakki Atta Flour (1kg)	175.00	2	350.00	280.00	2	560.00
13	Maliban Smart Cream Cracker (500g)	240.00	2	480.00	390.00	2	780.00
14	Munchee Milk Short Cake (200g)	120.00	2	240.00	195.00	2	390.00
15	Sugar & Spice Brown Sugar (1kg)	128.00	2	256.00	280.00	2	560.00
	Cost per Dry Rational pack for an NFL Pupil			8,455.00			11,175.00
	5% discount			422.75			558.75
16	Eco-Friendly Grocery Bag	75.00	2	150.00	100.00	2	200.00
	Total Cost per 01 Dry Rational Pack			8,182.25			10,816.25
17	Transportation	12,500.00	5	62,500.00	12,500.00	5	62,500.00
18	Labour Charges	3,000.00	10	30,000.00	3,000.00	8	24,000.00
19	Stationary for documentation	5,000.00	1	5,000.00	5,000.00	1	5,000.00
20	Income TAX on NGO for Foreign Remittance (0.84%)	18,500.00	1	18,500.00	18,500.00	1	18,500.00
21	Other/Unexpected costs in distributing process	1,500.00	5	7,500.00	1,500.00	5	7,500.00
	Subtotal for logistics and admin costs			123,500.00			117,500.00
	NFL Pupils at KC and BC	160		1,309,160.00	160		1,730,600.00
	Identified extra pupils in KC and BC	90		736,402.50	40		432,650.00
	Total cost for 250 Dry Rational Packs	250		2,045,562.50	200		2,163,250.00
	Grand Total for the Project		LKR	2,169,062.50		LKR	2,280,750.00
	Totalsumma för projektet		SEK	99,776.88		SEK	104,914.50



Actual Budget Spending on the Project:

- The total proposed budget for the project was LKR 2,169,062.50 (Two Million one hundred sixtynine thousand sixty-two rupees and fifty cents).
- The actual spending on purchasing Dry-Food/Goods was higher than the proposed budget due to the Price increase in the market at the time of the purchase.
- The admin/logistics cost of the project was less than the proposed admin/logistics cost.
- Actual total spending on the project is LKR 2,280,750.00 (Two Million two hundred eighty thousand seven hundred and fifty rupees)
- Which is equal to SEK 104,914.50
- Total cost spent for a child is LKR 11,403.75 and which is equal to SEK 524.57

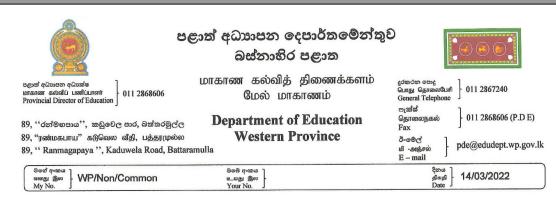
Photo verification:





Evaluation of the Project:

Appreciation from the Department of Education-Western Province:



Board of Directors Learning for Life- S.R.C. No. 83 A, Old Road, Pannipitiya

Appreciation for your support through Star for Life, Nutritional for Life and other Projects

Since 2013, the Learning for Life - S.R.C. organization have been supporting many of the needy children in Western Province with support from SLBV organization, Trelleborg Company in Sweden as well as some other funding sources to protect and promote the rights of the children in Sri Lanka.

During almost a decade, your support for facilitating children from marginalized backgrounds are very much appreciated, particularly at WP/KE/Kelani College and WP/MT/Bellana College in motivational programmes, career guidance for young pupils from grade 08 to grade 13, facilitate counselling needs, support for extracurricular activities, provide capacity building opportunities for teachers, provide morning meal packs for 160 pupils in Primary Section every school day, increase awareness on Nutritional needs as well as support school community in many ways to make the school environment attractive.

Mostly, the Star for Life programme which is started in 2013 in Western Province has done a positive difference in the school community and the educational lives of pupils. Even my recent observation and monitoring visit to the schools and discussions with principals and school managements at both schools clearly verified the importance of this programme, specifically in the current 'Socially-Stressed' situation under COVID-19 on pupils' lives. The school management in both schools appreciated and admire the way of delivering the content and trustworthy professional engagement by your staff to the pupils.

During my monitoring visits, it is very well appreciated the Nutrition for Life project which support for identified 160 pupils having nutritional issues in two schools. Also, it was admired for providing dry foods to 200 identified needy pupils/families for survival to some extent in a hard time and also providing 400 packs of school material to resume school education for pupils following the COVID-19 calamity.

All those initiatives are well-recognized humanitarian support for the needy and vulnerable children. On behalf of the Provincial Department of Education in Western Province, I sincerely hope and expect an expansion of your valuable service to more schools in Western Province in coming years. We can guarantee our fullest support to the Learning for Life-S.R.C. as a responsible and accountable NGO in Sri Lanka following good governing practices through a well-recognized professional board of directors.

I am thankful to you, your donors and supporters particularly for SLBV and Trelleborg in Sweden for the continued spirit to support our children in Sri Lanka.

Yours sincerely

M. Kodituwakku

Director Preschool and Non-Formal Education

Provincial Department of Education - Western Province

....

"We dedicate for child's tomorrow"

"දරුවන්ගේ හෙට වෙනුවෙන් අද කැපවෙමු"

"பிள்ளையின் நாளைய உயர்வுக்காய் நம்மை அர்ப்பணிப்போம்"



Appreciation from Principal of Kelani College:



බප/ කැල/ කැලණි මහා විදුහලය WP/KE/ KELANI MAHA VIDYALAYA

Sinharamulla, Kelaniya.

E-mail: kelanimahavidyalaya@gmail.com Tel: 0112 917484

Date: 08 |03 |2022

Board of Directors Learning for Life - S.R.C. No. 83 A, Old Road, Pannipitiya

Star for Life and Nutrition for Life Programmes at Kelani College

I must be thankful to the Learning for Life - S.R.C., SLBV in Sweden, and Trelleborg AB in Sweden for your enormous support for around 1,210 (in year 2022) pupils in our school from grade 01 to grade 13 since the year 2014 when the Star for Life school programme launched in Kelani College.

With my experience as a teacher and as a principal for many years, I can see the positive changes made for pupils' lives through your Star for Life programme which talk about "Dreams" in childhood or adolescence and guidance with motivational support to walk through the path of success by positive changes in behaviour, develop life skills, believe in oneself, accept own failures but plan for a new journey with success, behaviour management, etc. This guidance is most important for the young generation to have strong self-esteem and be valuable human beings. Star for Life Programme has brought this importance to attention, not only for pupils but also for teachers and parents. That is why I admire this programme a lot and request to continue.

Also, your support for identifying 80 pupils in the Primary section providing morning food packs in each school day has remarkably done a difference in many of the pupils. I heard the stories told by class teachers and the positive educational progress of identified pupils. This is another programme you make a difference in the lives of pupils in Kelani College. We need these sorts of programmes at our school as we lack resources to continue such programmes. And we hope there will be more children who get engaged and receive benefits from these projects in future.

Also, here I should express my heartiest gratitude to you, SLBV and Trelleborg and any other donor who support around 100 pupils to get a Dry-Food pack worth more than Rs. 10,000.00 each and support for many needy children to continue their formal education by organizing around 200 packs of school materials for the pupils in Kelani College.

On behalf of Kelani College, I am thankful to all of you locally and internationally for your wonderful support for needy children in this area and in the school.

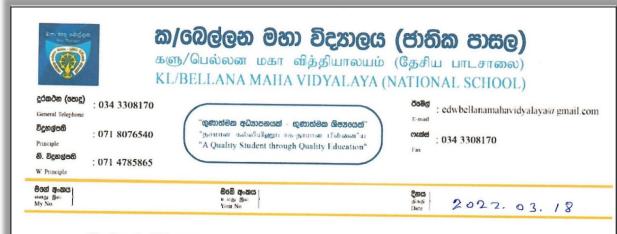
Thank you.

Yours sincerely,

D. Gamini Suraweera Principal - Kelani College



Appreciation from Principal of Bellana College:



The Board of Directors Learning for Life – S.R.C. No. 83 A, Old Road, Pannipitiya

Projects implement by Learning for Life-S.R.C. at WP/MT/Bellana College

Since the middle of 2016, Learning for Life-S.R.C. has been working with Bellana College providing support in many areas that support educational, aesthetic, extracurricular activities, etc as a close relation to the school community.

Star for Life programme, Nutrition for Life programme, Back to School programme, Emergency relief activities such as providing school materials/cloths in Emergencies, around 100 Dry-Foods for economically drained families, around 200 school packs for restarting of school education, are the key projects implemented at Bellana College and continued during last years since the beginning.

Most of the pupils who attend the schools are from very difficult locations and experiencing many challenges such as economical issues, living with relatives as parents have died or abandoned children, more vulnerable to be child labour, being a victim of early marriages, vulnerable to be exposed to dangerous drugs, cannabis, etc.

There are more than 40 pupils identified by our school management as school dropouts after school restart from the last year (2021) school closed down due to the COVID-19 and now they are back to school education.

Considering the socio-cultural environment in these areas, your motivational, nutritional, facilitate with basic requirements/materials for attending school education and other support are the most needed engagement at our school and even for many other schools and communities in this area. Therefore, if possible, extending your support for more children, vulnerable families and more schools in this area will undoubtedly provide more opportunities for needy children to improve their quality of life and hope for a better future.

I appreciate and am thankful for Leaning for Life-S.R.C., SLBV organization in Sweden, Trelleborg Company in Sweden and any other donor who support and is willing to continue your wonderful and true worthy work with goodwill.

Thank you.

Yours sincerely

M.D.V. Sujeewaka Principal – Bellana College

"M:D:V: Sujeewaka Principal

Principal K/Bellana Maha Vidyalaya (National School) Bellana,



Feedback from children:

- "I was very happy when I heard Attanayake sir told me that I have selected to receive a pack of dry food. Because at home we have very difficulties these days. My dad is ill as he faced an accident and only my mother works. But due to the corona, she lost her job. This is very worthy for all my family. Today I can have something tasty after a long time" Boy from grade 8-A
- "Thank you to all of you! Today my mother will cook for us. My little sister and brother will be happy too as even last night we did not have anything." – Girl from grade 7-C

Feedback from parents:

- "In our family, we have five children, I cannot do a job as I need to look after young children, and we don't have money to pay for childcare. Only my husband works as a labourer for daily wages. These days he also has no job. We are truly becoming helpless now. We do not have even a proper place to live. There is no electricity and water, every night we light Kerosene lamps. I have no words to thank you for all this support. Tonight, our family will have a good meal after many months. Thank you very much!" A mother
- "I am grandmother, these two children live with me. What to do, I have to look after them and feed them. Earlier, I went for a cleaning job, but now I lost that job as well. It is pretty hard to live now, but what to do! Thank you for your kind help! I pray for you and all who supported this even the White Gentlemen from abroad who help our children and us" A grandmother
- "This pack of items is priceless. Thank you so much! And I must say that, when you choose the items, you have been thinking about many things rather than just giving something. Biscuits and cheese, we have not given our children for many months because now we cannot afford them. But kids are kids, their feelings are the same. I am sure that they will be happy with what they get today. Thank you very much! We wish you will get more and more things in your life!!" A mother

Feedback from Students' Counselling Teacher:

• "We all must be thankful for Learning for Life and also for the Swedish SLBV organization for all your valuable donations and support for needy children in Sri Lanka. Especially, the value of this dry-food package is more than the actual value considering the difficult living situation of the country." It was kind of a challenge for me and class teachers to select 100 needy children from a school where around 1,300 pupils attend and most of them are suffering household economic challenges these days. However, I could assure you that I did my role in a very fair manner and in a most appropriate way."

"And I asked a few pupils to back to school because they seem to be drooped out in the last months. So, this will give them the motivation to attend school again. And I told them that they will also be included in the Nutrition Programme as well. Thank you very much!"















Conclusion and Thanking!

The purpose of this project was to support identified mostly affected pupils and their families in Kelani and Bellana areas especially focusing on their survival and nutritional well-being. According to the Central Bank information, headline inflation which is measured by the year-on-year (Y-o-Y) increased to 54.6% in June 2022 which was 29.8% in April 2022.

Food Inflation: According to the Central Bank information, Food inflation (Y-o-Y) increased to 80.1% in June 2022 from 57.4% in May 2022, while Non-Food inflation (Y-o-Y) increased to 42.4% in June 2022 from 30.6% in May 2022.

The Socioeconomic status in the community has collapsed and fallen down badly in the last two years. The government has taken some steps to support needy people through several relief measures with support from prominent organizations such as the UN, WHO, WFP, etc but still, the need is much higher than the capacity. Especially, economically poor people and families in the country are directly affected by the negative impact of the movement of the national economy.

This support was well recognized and with all the feedback, I would say 100% positive about the five segments we pay attention to as per our quality standards in working with communities,

- 1. quality of goods,
- 2. portion/quantity provided,
- 3. variety of goods,
- 4. selection of pupils and families (hat off to the school management), and
- 5. method of distribution

Providing 200 dry-rational packs for the neediest pupils at both schools was very much appreciated and it was, and it is a foremost need in the economically disadvantaged communities where we work in. The total number of pupils at both schools is around 2,200 and the support we have given is for 200 pupils out of 2,200. It is about 9% of the total pupils at both schools. However, the need is much higher than we assumed in the beginning, and we hope that we could support more pupils and their families during the rest of the year in the same these as Phase II, Phase III, and so. According to the information we received from the school management as well as some formal discussion with PHI (Public Health Inspector), in both schools, more than 70% of pupils and their families need assistance in survival, feeding needs, and nutritional need now. 70% of the total means, 1,540 pupils.

On behalf of the Learning for Life - S.R.C., both schools, and especially children and families who benefitted from this wonderful and needy project, I would like to offer my gratitude to the board members and general members of SLBV in Sweden and all the other private and individual donors who support this project with your true heart.

And also, I would like to thank the principals and school management of both schools, class teachers as well as counselling teachers in both Kelani and Bellana schools.

Finally hat off to our great programme and admin team who always make donor funds into a meaningful result.

Thank you very much!

Chathuranga Guruge Executive Director and Co-Founder Learning for Life – S.R.C.



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